



How to Crunch&Sip®

A guide for coordinators

A registered Crunch&Sip® school requires a nominated Crunch&Sip® coordinator to ensure the program runs smoothly.



Why does your school need a Crunch&Sip® coordinator?

Having a nominated Crunch&Sip® coordinator means there is a contact person who will receive all program communication we send and will share with the school as needed. Having a Crunch&Sip® coordinator also provides the parents and teachers a place to go with any concerns or queries about how the program is being run within the school.

What if you can no longer be the Crunch&Sip® coordinator?

If the Crunch&Sip® coordinator is leaving the school or no longer wants to be the school contact person, please notify the team at Crunch&Sip® so that we can assign the task to a new staff member and update our database.

Tips for success



- Stay up to date on how the program should run and notify us if you have any concerns or queries. Remember that the Crunch&Sip® break must occur within class time and is not designed to replace recess or lunch.
- Keep school staff regularly updated via meetings, emails or notices about Crunch&Sip® events, new resources and promotional materials we send you.
- Be a role model within the school by participating in Crunch&Sip® every day in your classroom or office.
- Review the Crunch&Sip® pledge every 2-3 years. This ensures the program is being correctly run and keeps the program front of mind for school staff.
- Download the newsletter inserts from the Crunch&Sip® website and place in the school newsletter each term or order our parent resources to send home and remind parents about the program.
- Make contact with local businesses and agencies such as Foodbank WA as they may be able to supply fruits and vegetables for students who are in need.
- Remember that persistence pays off. If staff or students seem reluctant to adopt the program, don't give up. Some changes take time to settle in.

For further assistance, contact The Crunch&Sip® team at crunchandsip@cancerwa.asn.au

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